

**2018 Kokolulu Farm (KF) – Hawaii**  
**International Zhineng Qigong (ZQ) Healing Retreat**  
**May 25 - June 03, 2018**

<b>Date</b>	<b>Morning 7:30 - 8:00</b>	<b>Morning 9:30 - 12:30</b>	<b>Afternoon 14:00 - 17:30</b>	<b>Evening 17:30+</b>
24-May-2018		Arrival Day/Check-In		
25-May-2018	Free	<b>Day 1</b> – KF Temple Introductions	-HYQ Therapy Treatment -Reflection and Discussion	Personal Time
26-May-2018	Group practice	<b>Day 2</b> – KF Temple ZQ Learning & Healing Practices	-HYQ Therapy Treatment -Reflection and Discussion	Personal Time
27-May-2018	Group practice	<b>Day 3</b> – KF Temple ZQ Learning & Healing Practices	-HYQ Therapy Treatment -Reflection and Discussion	Personal Time
28-May-2018	Group practice	<b>Day 4</b> – KF Temple ZQ Learning & Healing Practices	Connecting to Nature & Culture	Personal Time
29-May-2018	Group practice	<b>Day 5</b> – KF Temple ZQ Learning & Healing Practices	-HYQ Therapy Treatment -Reflection and Discussion	Personal Time
30-May-2018	Group practice	<b>Day 6</b> – KF Temple ZQ Learning & Healing Practices	Connecting to Nature & Culture	Personal Time
31-May-2018	Free	<b>Day 7</b> - Hawaii Sightseeing and Culture Trip		
01-Jun-2018	Group practice	<b>Day 8</b> – KF Temple ZQ Learning & Healing Practices	-HYQ Therapy Treatment -Reflection and Discussion	Personal Time
02-Jun-2018	Group practice	<b>Day 9</b> – KF Temple ZQ Learning & Healing Practices	-HYQ Therapy Treatment -Reflection and Discussion	Personal Time
03-Jun-2018	Group practice	<b>Day 10</b> – KF Temple ZQ Learning & Healing Practices	-HYQ Therapy Treatment -Reflection and Discussion	Retreat Completion
		*Schedule Subject to Change: <u>Breakfast</u> 8:30 - 9:30am <u>Lunch</u> 12:30 - 14:00 pm		