



HUN YUAN QI HEALER

Zhineng Qigong (ZQ) HunYuanQi (HYQ) Healer Training

Unique in the world

The training will be held on three continents over a period of two years (May 2015 - May 2017)

The HY Qi System of Healing is recognized in China as the most advanced system of healing. A secret for many years it is now being taught around the world by Master Yuantong Liu. Master Liu specifically designed The HYQ Healer Training for students interested in learning some of the secret techniques of this effective system dedicated to the application of the principles and laws of evolution, regeneration and holistic healing transformation.

Theory and Practice

Throughout the training the optimum mix of theories and practices will be offered. The objective of the program is that you are well equipped to theoretically and by experience understand the power of HunYuanQi Healing and trust your ability to apply it for yourself and others (e.g. your clients, friends and family members) and if it's your intention: to create a living out of it!

Ongoing support

Monthly online supervision sessions, buddy pairs, ongoing homework & personal assignments, own research work, a work manual and comprehensive reading material will support you creating confidence to work for yourself and with your clients.

The secrets of Qi healing

Healing yourself and others is one of the most rewarding life journeys which exist on this planet. Zhineng Qigong HunYuanQi Healing principles and methods are unique in the world.

The complex, yet simple Qi energy healing system is officially recognized as one of the most effective energy healing methodologies. Master Yuantong Liu is one of the very few trained Zhineng Qigong Masters who is ready to share the profound knowledge and practice of HunYuanQi healing with the Western Energy Healers.



Success is the best mix

This training and certification process will create the best possible mix to become an effective ZQ HunYuanQi Healer:

- Profound understanding and studies of the scientific HYQ theories & ZQ knowledge
- Understanding and applying a huge variety of Qi healing methods
- Skills training through ongoing and in-depth practice and working with real clients
- Intensive development of your own virtue so you live your fullest potential and you become the best inspiration and contribution to your clients and the different communities you are part of.

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The in-depth areas of the 2 years program:

- Aspects and requirements of true and holistic health & well-being
- Causes, process, location of diseases
- Disease prevention
- Requirements for transforming the body from one of disease to a healthy state
- Comprehensive understanding of the secrets, theories methods and practical applications of:
 - ✦ Qi (based on the ZQ distinctions)
 - ✦ HunYuanQi Therapy Healing
 - ✦ HunYuanQi Field Theories
 - ✦ Different forms of Qi Healing
- Skills and techniques of HunYuanQi healing
- Create your readiness to (among others):
 - ✦ Be a and work as a HunYuanQi healer
 - ✦ Set up and create a Qigong mind set and a way of conscious and authentic live styles
 - ✦ Control your mind, body functions and emotions with consciousness
- Distance healing
- The importance of Intention, Consciousness and New Point in Life Theories for healing yourself and others
- Sufficient knowledge about Human Anatomy e.g.:
 - ✦ The body: physical and energetic anatomies based on the ZQ perspective
 - ✦ TCM, 5 Elements, Acupuncture Points and Meridian System, Importance of Membran System for Qi healing, Qigong Healing methods
 - ✦ Categories of illnesses
 - ✦ Key distinctions between Western and Chinese Medicine
- Develop Extraordinary Capabilities (EC) for healing others e.g.:
 - ✦ Increase your intuitive self and learn to scan and receive information about different aspects of the client's illness or problems (content, structure, location etc.)
 - ✦ Understand and apply YiYuanTi specifics and abilities to enhance and trust your EC and by that effectively support the client in his/her healing intentions
- Understand the importance and increase of own internal Qi with the purpose to improve your ability for external Fa Qi healing for

May 2015, Europe (Greece)

We kick off our training with these topics:

- Causes, process and location of diseases and illness prevention
- Theories, methods and practical approaches of HunYuanQi therapy healing and Qi field theories
- The requirements for the transformation of the body from an unhealthy into a healthy state

May 2016, China (Guilin)

We continue our training in:

- The abundance of nature and Qi of Guilin Mountains
- Experience the roots of the secrets of Qi healing (HYQ Theories & Practice, Nature's Wisdom, Traditional Teachings, Taoism, TCM etc.) and enhance your skills by taking advantage of the high quality of Nature's Qi and the abundance of original Chinese Qi Healing Wisdom and Knowledge
- Be trained by other Zheneng Qigong Masters and TCM Experts (tba)

May 2017, Hawaii

Another high-light of our 2 years training will be our last theory and practice training session in the Kokolulu Farm and Cancer Retreats / Healing Center in Hawaii. (<http://www.cancer-retreats.org/>). You will

- Deepen your skills and knowledge in a medicine-less healing center environment
- Do healing sessions with clients of the Cancer Retreat Center
- Boost your confidence in applying the HYQ Healing methodologies as much and as often as possible, needed and requested

Food for thought

„Five years ago, the health and wellness industry was worth \$200 billion dollars in sales. Recently, this wellness business has grown to over \$500 billion in sales, and it is projected to continue growing and reach \$1 trillion for the next five years.“ (McKinsey Study, 2012)

“We cultivate our own life energy through accessing nature's great store of life energy (Qi). This approach produces quick results. But cultivating one's Qi is not the most fundamental; cultivating one's spirit is. Mastery of Qi is really achieved through mastery of consciousness. We use consciousness in a careful, craftsman-like way, to shape our life, to attain our goals. If we use modern terminology to name this process, we call it Qigong...” “...in modern terms, Qigong is the refinement of consciousness to enhance the state of energy in the body. This leads to vibrant health, a harmonious body and mind, and an awakened spiritual life.”

Dr. Pang Ming, Founder of Zhineng Qigong HunYuanQi Healing methods



others

- Setting up effective healing sessions with your client:
 - ✦ Content, structure, process, pricing, mind-set, attitudes and effective ways of being

So how will it work?

- The program will take place over two years and the student will be required to attend all three 2-weeks intensive training under the personal guidance of Master Yuantong Liu. The training will start in Europe (Greece) in May 2015, followed by 2 weeks in China (May 2016), and 2 weeks in the USA (Hawaii - May 2017).
- Monthly online supervised sessions will be held to go over the assigned homework. Students will be required to study the HYQH Manual, work with other students, and conduct limited research work.
- Successful journaling will be taught to assess progress and improve healing confidence.
- Students will be required to work with clients for a number of hours for the certification process.
- Evaluation will be based on written, oral and practical tests.
- Training and coaching about building a ZQ HYQ Healing practice

The training is for you, if you have

- A passion for learning and achieving full potential of all of your healing abilities.
- An overwhelming desire to help and uplift others in their holistic healing journey.
- The commitment to embark in a rigorous program that will challenge your current mindset/frame of reference, enhance your internal Qi and transform your life and your healing practice.
- The yearning to deepen the knowledge of energetic healing, refine your skills and abilities by expanding your knowledge of how the Zhineng Qigong Hun Yuan Theories are used for healing.



With **trust** and respect we deepen our practice and the mind will find inner peace.

Trust practice with faith and intention will manifest

Trust connected qi flow and life will be nourished with true happiness

Trust without resistance and the pure self awareness mirrors the primal movements of the cat (or dog) in a universal dance

Trust unity, practice, faith and the true love light will shine through the hearts of all living beings

Trust that joy and happiness will always live in each new point of life.



Your trainer and coaches:

Master Yuantong Liu

Master Yuantong Liu has been engaged in ZQ Qigong healing and teaching for 30 years. He successfully accomplished the rigorous teachers program in the ZQ Hua Xia Qigong Center - known in the West as the first „medicine-less hospital of the world“ (near Beijing) under the guidance of Dr. Pang Ming. He continued to work closely with Dr. Pang Ming for 10 years. He has supported the healing of thousands of people. Among other things people healed from mental, chronic and terminal illnesses. He teaches the principles of Zhineng Qigong Healing in his own Qigong Center in China, as well as in Europe, the USA, Mexico, South Africa, Indonesia and Malaysia. His commitment to traveling globally is based on his vision to share the wisdom, power and benefits of Zhineng Qigong HunYuanQi Healing with as many people as possible. Healing, inner wisdom, balance, increased self-awareness, trust and confidence in sharing the healing methods with others are concrete results of studying and learning from Master Yuantong Liu.



Britta Stalling

The ZQ HunYuanQi training and certification process will be coordinated and co-facilitated by Britta Stalling who currently lives in South Africa.



She works together with Master Yuantong Liu since 2011. For the last 15 years, she has studied, practiced and taught different self-healing & self-empowering methods as well as Zhineng Qigong HunYuanQi healing principles in South Africa, China and Europe. She has been trained by some of the most advanced International Coaches & Trainers from the USA and

Europe, as well as by different Zhineng Qigong Masters from China. She is also a certified Coach (Coaching for Results), NLP Master and Psych-K Facilitator. She enjoys passing on her knowledge and experience in an authentic and inspiring way to clients of various nationalities and cultural backgrounds.

Results you will achieve

- Provide others with effective Qi healing therapies
- Be capable to be an effective HYQ Healer
- Create a deeper level of your own health & well-being as well as progress in your potential

Requirements

- Practice of Zhineng Qigong or other Qigong or Energy healing systems is of advantage but not a requirement
- Commitment to own Zhineng Qigong practice for at least 1-2 hours a day
- Intention to share the power and beauty of HunYuanQi healing with others

Application

Please contact us for your application form. Please fill it out and email it back to:

info@bodyandmindfactory.com

We will come back to you asap with further details about this unique program.

We look forward to assist you to become the best HunYuanQi Healer to support you in living your fullest potential and to be the best contribution for others.

More Information & Registration

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